

THE REVIEW

UNIVERSITY OF NORTH DAKOTA
SCHOOL OF MEDICINE & HEALTH SCIENCES



Monica Mayer, M.D. '95, of New Town, also known as "Good Medicine," started out as a teacher but, in time, found her way to medicine. "If you have a dream, you just can't fight it," she says. Through the INMED (Indians Into Medicine) program she made that dream come true. Above, she's pictured next to an opening image she uses in a presentation which features her interest in and study of the medical aspects of the Lewis and Clark Expedition, the initial exploration of the Louisiana Purchase, befriended by Sakakawea, a young Native American woman, nearly 200 years ago.

IN REVIEW

Students' Project Brightens Holiday for Grand Forks Mission Residents

For the second consecutive year, **Kamilla Reed, M.S. in Anatomy '99**, second-year medical student, Grand Forks, organized a project to provide gifts for those who might otherwise have little or nothing to open on Christmas.

The Giving Tree project, to aid residents of the Grand Forks Mission shelter, was sponsored by the Student Council of the UND School of Medicine and Health Sciences.

To begin the project, Reed (pictured above) went to



the Mission in downtown Grand Forks and made two gift tags for each resident to

hang on the Giving Tree. She "was struck by what they asked for," she said.

"Whereas last year we bought gifts for children, such as toys and games, this year the 'wish list' consisted of basic items such as hats, gloves, scarves, socks, etc... One resident asked for a couple of games that he could play with his eight-year-old son.

"It really put the whole Christmas season into perspective."

About 100 students, faculty and staff members chose gift tags from the tree and purchased gifts; the Student Council purchased gifts on remaining tags.

"I was really pleased with how successful the Giving Tree was this year, because I really felt like we were making Christmas seem a little brighter for the residents at the Mission," Reed said, "and to me, that exemplifies the whole meaning of Christmas."

"Medical school, in general, can be very overwhelming," she said, "It is easy, around exam time, to lock yourself up with your studying and forget all about the community around us. The Giving Tree allowed us, for a few brief minutes, the opportunity to reach out to remember those less fortunate around us."

Annual Event for Gradeschoolers

AMSA 'Science Day' Set for Mid-March

Fifth- and sixth-grade students are invited to the annual Science Day, tentatively set for mid-March, at the University of North Dakota School of Medicine and Health Sciences (UNDSMHS) in Grand Forks. The exact date has not yet been announced.

The event, which features "hands-on" learning activities, is organized by the UNDSMHS chapter of the American Medical Student Association (AMSA) and is open to all fifth- and sixth-graders.

Participants may choose to attend either the morning and afternoon session. In each session, medical student-supervised activities, designed to stimulate children's interest in science, will focus on human health issues and anatomy, use of computers in medicine, awareness of the

dangers of tobacco use, various science projects, and HIV/AIDS.

For more information, contact the UND School of Medicine and Health Sciences, Office of Public Affairs, P.O. Box 9037, Grand Forks, ND 58202-9037 or phone 701/777-4305.

Address Changes

We appreciate receiving notice of address changes. Please send this information to: **Kitty Monley**, Office of Administration and Finance, UND School of Medicine and Health Sciences, Box 9037, Grand Forks, ND 58202-9037; by e-mail (mkonley@medicine.nodak.edu), or call 701/777-2431 during business hours: 8 a.m. to 4:30 p.m. weekdays.

Calendar

February 22

UND Founders Day, banquet and ceremony, honoring employees with 25 years of service and retiring faculty and staff members as well as outstanding individual and departmental achievement; for more information, call 701-777-2725

February 27-March 1

Dakota Conference on Rural and Public Health, "It All Adds Up to Access: Strengthening the Safety Net in North Dakota," Bismarck Radisson Inn (see ad, page 14); for more information, call Allison Knight, UND Division of Continu-

(continued, page 9)

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DEAN'S LETTER

Dr. Johnson Concludes Stellar Career at Helm of Pediatrics Dept.

George Johnson, M.D. (B.S. Med. '58), professor and chairman of pediatrics, Fargo, has announced his retirement.

Stephen Tinguely, M.D. '78, another alumnus and associate professor of pediatrics, Harwood, will take over as chairman Feb. 1. We look forward to his capable leadership in this significant post within the UND School of Medicine and Health Sciences. (See article, page 7.)

Dr. Johnson will remain on the faculty, continuing his teaching and scholarly activities, which may include writing a book. A caring pediatrician and educator who has worked tirelessly for the good of all children, he has been an outstanding role model for medical students, inspiring many to pursue careers in pediatrics. With his leadership, our graduates have successfully competed for positions in prestigious residency programs throughout the country.

The legacy of Dr. Johnson is a career distinguished by dedicated service to the families of North Dakota and the surrounding region and a positive example to many young physicians. Of those who chose to follow his path into pediatrics, a good number practice in our regional clinics and hospitals today.

Harwood Initiative: Project moves closer to reality

Plans are well under way for the renovation of the front hallway of the medical school's primary building on the UND campus in Grand Forks. Construction is set to begin this spring.

Many thanks to the hundreds of alumni and friends who have contributed so generously to this project which will honor **Dean Theodore Harwood** who led the school from 1953 to 1973.

Although you may still donate (or add to your donation) to this effort, time is running short. This campaign is scheduled to end this year. (For more information on categories for giving, to be displayed with donors' name on the Wall of Honor, see article on page 7.)

Plan to attend the Dakota Conference on Rural and Public Health

The annual Dakota Conference on Rural and Public Health, set for Feb. 27-March 1 in Bismarck, will focus on the theme, "It All Adds Up to Access: Strengthening the Safety Net in North Dakota." At the conference people from various walks of life gather to share a common concern: maintaining and

enhancing health care services in this part of the country. Numerous organizations, including the UND School of Medicine and Health Sciences, several of its department and its Center for Rural Health, sponsor the event.

We encourage you to attend this worthwhile event. It offers a welcome opportunity for growth and meaningful interaction with others who are committed to the welfare of our region's citizens. (For more information, please see page 14 in this issue of *THE REVIEW*.)

Inviting alums back to campus for Alumni Days

All alumni are cordially invited to return to the UND School of Medicine and Health Sciences this spring for the annual Alumni Days event, set for May 23-25. It is always a pleasure to welcome alumni who have gone from this school years ago to make their mark in the world and to contribute to the health and well-being of their fellow man.

Everyone is welcome to attend Alumni Days. Members of the classes of '41, '46, '51 and '56 will be honored.

The talents and strengths, hearts and minds of people who enrolled here as young men and women in earlier times were shaped by dedicated faculty members whom many of you recall with admiration and fondness. As alumni, you have fulfilled the promise that the faculty recognized and nurtured in you. You will be gratified to know we are continuing to fulfill that responsibility today.

For more information on Alumni Days, please contact the UND Alumni Association at 1-800-543-8764.


H. David Wilson, M.D.
Dean



Dean H. David Wilson, M.D., (second from right) enjoyed a dinner and visit with alumni while on a business trip to Minot recently. Pictured with him are (from left) **Myron Peterson, M.D. (B.S. Med. '57)**, and his wife, Gail, and **Bernard Varberg, M.D. (B.S. Med. '62)**, all of Minot. Both alums are orthopedic surgeons.

In North Dakota

Realizing the Dream: Grads Practice Where Need is Great

North Dakota native **Scott Goecke, M.D. '97**, has lived in the state's largest cities but, after completing family medicine training last summer in Bismarck, chose to establish his medical practice in Turtle Lake, a town of 600 in central North Dakota. He also sees patients at Washburn, a community of about 1400 some 20 miles away.

He is not alone in choosing a rural practice in North Dakota. In the last year and a half, at least 17 other physician-alumni of the UND medical school have launched their practices in the state's smaller communities where medical services are sometimes uneven and unstable but always critical to residents'

Building on the success of the past, the University of North Dakota School of Medicine and Health Sciences has made important and exciting strides in recent years. The school has:

★ *achieved national recognition as a leader in rural health care and for the preparation of primary care physicians and other health care professionals who are needed in certain communities throughout the region.*

★ *earned the respect and gratitude of citizens who understand the tremendous impact our alumni have had in filling the health care provision needs of the Upper Midwest.*

★ *educated and trained almost half of the physicians practicing in North Dakota today.*

access to health care and communities' economic viability.

He and graduates like him are among the many well-trained physicians who personify one aspect of the mission of the UND medical school: to prepare doctors for practice in primary care fields such as family medicine, practitioners of which are most-needed in underserved rural areas.

A tall, calm and collected man with a ready smile and Germanic-Scandinavian features, Goecke first came to Turtle Lake Community Hospital a few years ago to moonlight in the emergency room during his three-year residency training program at UND's Family Practice Center in Bismarck.

Toward the end of his residency training, he said, he decided to cast his lot with the Turtle Lake Clinic which, along with Washburn Clinic, is run by St. Alexius Medical Center in Bismarck.

While he's only been on the job several months, Dr. Goecke is quickly adapting to his surroundings and generally becoming more comfortable with the accoutrements of the rural medical scene. He was well-

prepared by the UND medical school to assume such a practice, he said. "I stepped right in without much problem."

He declares he's "really not alone out here," since he can easily obtain "input from doctors one hour away." Because he took residency training through the UND medical school's Family Practice Center in Bismarck (about 60 miles south of Turtle Lake), Goecke is well-connected to physicians there, both at Medcenter One and St. Alexius medical centers.

As a doctor in a rural area, "you have to know your limitations," he said. But "I'm comfortable keeping patients in the Turtle Lake Hospital" where patients appreciate being able to stay near family and friends. It's better for the healing process and recovery.

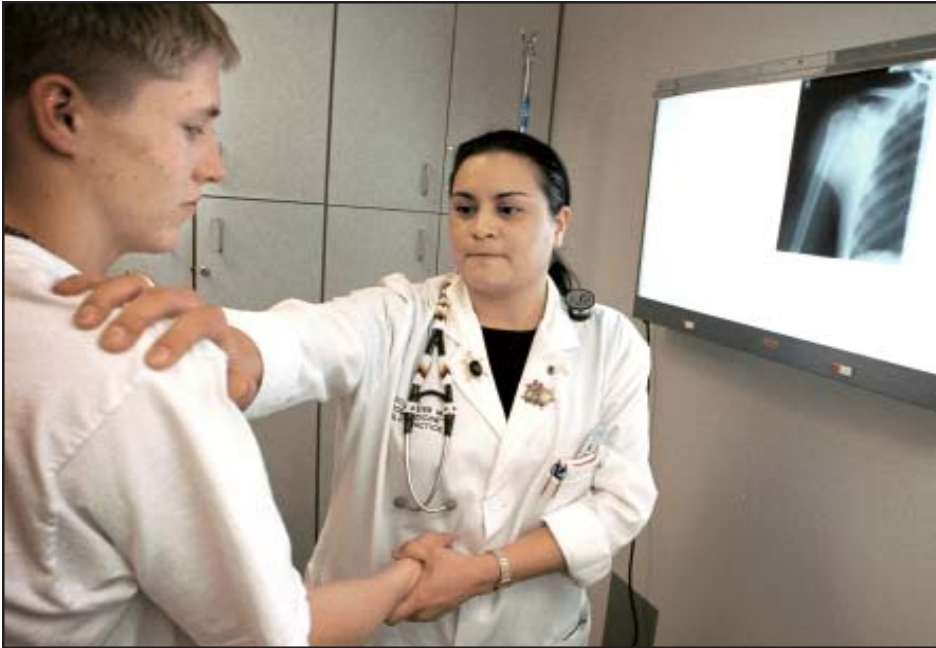
Monica Mayer, M.D. '95, of New Town, a member of the Three Affiliated Tribes (Mandan, Hidatsa, Arikara), is determined to improve the quality of life for people of her area and fulfill the promise seen in her by mentors who believed in her and helped her achieve her goals - mentors such as **Milt Smith, M.D.**, director of the UND medical school's family medicine residency program in Minot where she trained.

"Being out here, this is a wonderful life," she says. "This is my home, I can't think of any other place I'd rather be."

Animated by a deep sense of purpose, Mayer is obviously committed to this area, her home, and its people. It's more than



Scott Goecke, M.D. '97, the son of Jim and Sheila Goecke of Bismarck, is one of 18 UND medical school alums who have established their practices in North Dakota's most rural communities in the last year and half. "It's been a lot nicer than I ever dreamed it would be," he said of his growing practice, adding that he's "surprised at how busy the emergency room is." In addition to locals, patients travel from outlying towns such as Underwood and north of Beulah to him for medical care.



Monica Mayer, M.D. '95, examines the shoulder of a patient at the Trinity Community Clinic in New Town. She established her practice about 18 months ago on the reservation where she was born and raised. "Out here, we're it; we get everything. We do it all," she says. "You can't get any more 'front-line medicine' than this."

evident that she is happy and enthusiastic about the choices that brought her to this place, even if it means sometimes long, exhausting days. In energetic conversation that conveys her many interests, her thoughts tumble out in lively succession as she tells her visitors, "I feel really blessed - I get to take care of my friends and family."

But hers was not an easy path. It was "a very difficult journey for me," she says, recalling her decision to go to and continue through medical school. "But I hung in there and I made it."

"The people of small communities need us (physicians), not only for medical care but also as **community leaders**," she stresses, noting that she's dabbled in tribal deliberations connected to the tremendous growth in business activity sparked, in part, by the Four Bears casino.

"I really believe in healthy communities - if you don't have healthy communities you can't generate jobs."

She is concerned about alcoholism, diabetes and obesity, and has made it a point to go into schools to talk with

children, "to use by role model-ship to show 'If I can make it, you can get an education - and come back and help me - and serve your people.'"

That help would be welcome. When she began her practice in August 1999, she was seeing four to five patients per day. Today, she and her team are seeing about 40 patients a day with the help of an able staff including two nurses, physician assistant **Cheryl Ulven, '96 PA Program**, and physical therapist **Mary Ann Miller-Starr, '69 BSPT**.

Above all, she says, "if you're a trusted person, (patients) are going to respond to you. There's nothing worse than going to a doctor who you think doesn't care."

In spite of those who tried to discourage her in her path to New Town, she says, "I can't think of any other place I should be... I was trained to be here on the front line of medicine. Isn't it wonderful that the Good Lord makes a place for all of us to fit in?"

INMED Grads Practice in North Dakota

These graduates of the UND School of Medicine and Health Sciences' INMED (Indians Into Medicine) Program have established their practices in North Dakota:

Belcourt:

Vernon Azure, M.D. '88 (Minot Family Medicine Residency '91)

Paula Bercier, M.D. '92 (Minot Family Medicine Residency '95)

Linda Gourneau, M.D. '89 (Grand Forks Family Medicine Residency '92)

Richard Larson, M.D. (B.S. Med. '82) (Minot Family Medicine Residency '87)

Bismarck:

David Gayton, M.D. '90

Joseph Luger, M.D. '85

Fargo-Moorhead:

Shantell Two Bears, M.D. '96 (Fargo Family Medicine Residency '99)

Fort Yates:

Zane Rising Sun, M.D. '97 (Bismarck Family Medicine Residency '01)

Michelle Tincher, M.D. '95 (Bismarck Family Medicine Residency '98)

Penny Wilkie, M.D. '94 (Minot Family Medicine Residency '98)

Grand Forks:

Rory Trotter, M.D. '91

Minot:

Marcel Young, M.D. '90 (Minot Family Medicine Residency '93)

New Town:

Biron Baker, M.D. '95 (Bismarck Family Medicine Residency '98)

Monica Mayer, M.D. '95 (Minot Family Medicine Residency '99)

Note: This list includes INMED alumni known to have established practices in North Dakota; there may be others who have not come to our attention. We regret any possible omissions.

UPDATE

With Funding from Federal DHHS

Proposed Center to Study Best Methods of Promoting Healthy Lifestyle

The UND School of Medicine and Health Sciences has been awarded \$1.28 million from the U.S. Department of Health and Human Services to establish a statewide, multi-disciplinary center aimed at determining the most effective ways to promote healthier lifestyles among North Dakotans. Funding is expected to continue at or about that level for five years.

The Center for Study of Health Promotion will focus on use of tobacco and alcohol, substance abuse, diet and exercise, and issues concerning the elderly and youth.

"If we could curtail the abuses of tobacco, alcohol and drugs, and encourage healthy diet and exercise, the effect on America's health would be enormous," said **Dean H. David Wilson, M.D.**, of the UND School of Medicine and Health Sciences.

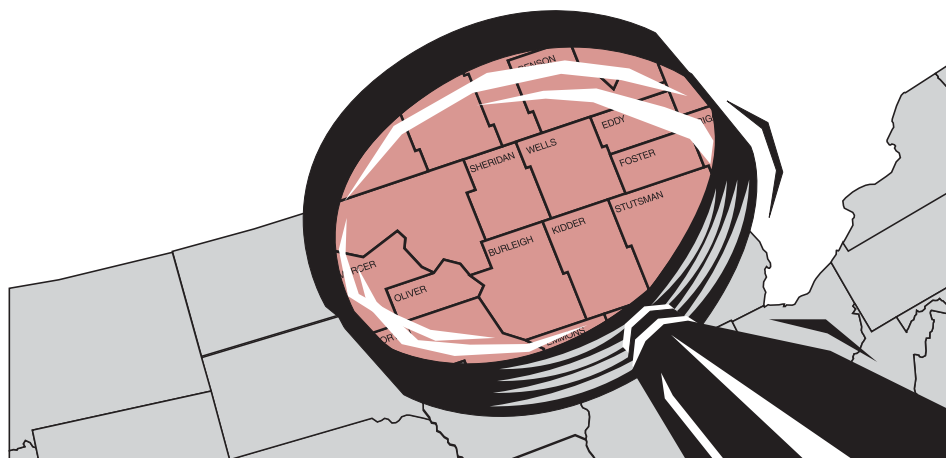
"If we can reduce the problems of the elderly and rural people, such as accidents and depression, and our youth, such as pregnancy and sexually transmitted diseases, we can serve as a model for other states around the nation."

The challenge for those involved with the Center will be to evaluate what methods produce positive changes in behavior, he said. These actions may be include the creative use of education, advertising, systematic reminders and surveillance, community efforts, computer animation, games or simulations.

"We have some of the most accomplished experts, recognized nationally and internationally, in the area of behavioral science, such as **Drs. Sharon and Richard Wilsnack**, in alcoholism and problem drinking, and **James Mitchell, M.D.**, in eating disorders," Wilson noted.

"We also have an extraordinary team of people at the University of North Dakota and its medical and nursing schools, the state's health department and school system who are interested, willing and able to attack these problems in our state."

North Dakota's pharmacy school (at North Dakota State University) and other university and college faculty members, county health officers and departments



*The state of North Dakota can become a "laboratory" to study the most effective ways to encourage people to adopt healthier lifestyles, according to **Dean H. David Wilson, M.D.**, through the UND medical school's Center for the Study of Health Promotion. Those involved with the Center would explore and gauge the effectiveness of methods that lead people to make positive behavioral changes.*

"scattered in every part of the state" may be willing to work on the team, he said.

The population of North Dakota is large enough to study, but "small enough to capture" in a research initiative.

Initial grant funding will be used for

salaries, benefits and travel; as well as equipment, materials and supplies, and to begin developing baseline data and networks, Wilson said. "We may be 'buying' pieces of time from those people who wish to become part of this center."

Humanism in Medicine Award: Call for Nominations

The University of North Dakota School of Medicine and Health Sciences is **seeking nominations for an award which recognizes both a faculty member and a fourth-year medical student for compassion and sensitivity in the delivery of care to patients and their families.**

Nominations, due March 16, 2001, will be accepted from UND medical school faculty members and senior medical students for the 2001 Humanism in Medicine Award, a program of The Healthcare Foundation of New Jersey. The awards are intended to spur dialogue, debate and activities relating to graduating scientifically excellent as well as compassionate physicians.

The UND medical school has been selected as one of 90 medical schools to

participate in the awards program, according to **Judy DeMers**, associate dean for student affairs and admissions, Grand Forks. The school's Student Performance and Recognition Committee will review nominations and select winners who will each receive a \$2000 award, provided by the foundation.

Criteria for the nomination and selection of award-winners may be obtained through the Office of Student Affairs and Admissions, UND School of Medicine and Health Sciences, P.O. Box 9037, Grand Forks, ND 58202-9037, or call the office at 701/777-2840.

It is planned to recognize award recipients during the school's M.D. Class of 2001 commencement awards luncheon in May.

Tinguely Appointed Chairman of Pediatrics Department

Stephen Tinguely, M.D. '78, of Harwood, has been appointed chairman and associate professor in the Department of Pediatrics at the UND School of Medicine and Health Sciences. His appointment is effective Feb. 1.

Tinguely practices at MeritCare Clinic Southwest and is a member of the attending staff at its Children's Hospital in Fargo. He takes over the chairmanship from **George Johnson, M.D. (B.S. Med. '58)**, Fargo, who will continue scholarly and teaching activities as a member of the faculty.

"Dr. Johnson has had a long and distinguished career," said **Dean H. David Wilson, M.D.** "He has been an absolutely superb role model. Many of our students have chosen careers in pediatrics because of him, as well as other pediatrician-faculty members around the state who have done a tremendous job in teaching."



Stephen Tinguely, M.D. '78

Johnson, who joined the UND medical school in 1972, has been chairman of pediatrics since 1989. He has been an extraordinary leader and advocate for the health and well-being of children over the course of his remarkable career, Wilson said.

"Dr. Tinguely is a highly respected pediatrician, clinician and educator," he

said. "He has been a leader in the field of pediatrics through his work with the state chapter of the American Academy of Pediatrics. We believe he will carry on the tradition of excellence in pediatric education that Dr. Johnson has set in place."

Tinguely, who grew up in Casselton, attended St. John's University in Collegeville, Minn., where he received a bachelor of arts degree in 1974. At the UND School of Medicine, he earned the doctor of medicine (M.D.) degree in 1978 and went on to complete residency training in general pediatrics in 1981 at the Mayo Graduate School of Medicine in Rochester, Minn.

Dr. Tinguely is a highly respected pediatrician, clinician and educator...

We believe he will carry on the tradition of excellence that Dr. Johnson has set in place."

Dean H. David Wilson

As a medical student and resident, Tinguely was the recipient of several awards including being named senior resident associate at the Mayo Graduate School of Medicine in 1980. He was certified by the American Board of Pediatrics in 1982.

He has served as president and board member of the North Dakota Chapter of the American Academy of Pediatrics, which received the Award of Chapter Excellence in 1997 and 1998. He is also actively involved with programs and committees devoted to concerns such as emergency medical services for children, cystic fibrosis, crippled children's services and neonatal intensive care, among others.

From 1985 to 1995 he served as director of the newborn nursery at the then-St. Luke's Hospitals in Fargo.

He and his wife, Mae, have three grown children, Anne, Joseph and Matthew.

Harwood Initiative Tops \$165,000

The effort to build a "new face" for the primary entrance to the UND School of Medicine and Health Sciences in Grand Forks is moving forward with gifts from alumni and friends who wish to honor the memory of **Dean Theodore Harwood**, who led the school's progress from 1953 to 1973.

As of Dec. 18, a sum of 304 gifts, totalling \$165,163, has been received for the Harwood Initiative. Funds will be used to modernize the front entrance and lobby of the UND medical school at Fifth Avenue and North Columbia Road. A display commemorating the career of Dean Harwood is also planned. Construction is expected to begin this spring.

"It is most gratifying to know that our alumni value the education they received at the UND School of Medicine," said **Dean H. David Wilson, M.D.** "Clearly their generosity towards this project demonstrates they have not forgotten the experience they shared here as they began to prepare for their careers in medicine. It is a tribute to the school, and all it stands for, that alumni have chosen to support this worthwhile renovation."

All donations will be recognized in a Wall of Honor display in the front entrance of the building. Contributors' names will be grouped according to giving categories: \$5000 and above; \$2500-5000; \$1000-2500; \$500-1000, and up to \$500.

New or additional gifts may be sent to: UND School of Medicine and Health Sciences, Office of the Dean, P.O. Box 9037, Grand Forks, ND 58202-9037; please note that the gift is earmarked for the Harwood Initiative.

Presented here, with gratitude from the UND School of Medicine and Health Sciences, are the most recent donors whose gifts were received between Oct. 17 and December 18, according to the UND Foundation which records such gifts:

Dr. and Mrs. Donald J. Feist, Rochester, MN
Dr. and Mrs. A.K. Lewis, Lisbon, ND
Dr. and Mrs. Francis P. Manning, Jamison, PA
James Munn, Jr., M.D., Onalaska, WI
Dr. and Mrs. Robert C. Nordlie, Grand Forks, ND
Dr. and Mrs. Robert J. Olson, Williston, ND
Col. Donald A. Person, M.D., Honolulu, HI

Students Complete Degree Requirements at UNDSMHS

The UND School of Medicine and Health Sciences offers degree programs in basic science and allied health fields, in addition to the doctor of medicine (M.D.) degree program. Students who have recently completed requirements for their degrees follow (all hometowns listed are in North Dakota and all graduates received degrees in December, unless otherwise noted):

DOCTOR OF PHILOSOPHY (PH.D.)

(Undergraduate alma mater and dissertation title are noted.)

Michelle Slover, Bagley, MN (August 2000 graduate); B.S., Bemidji State University, and M.S., University of North Dakota; dissertation: "Localization of Endothelial Cells and Their Precursors in the Embryonic Chick Heart During Coronary Vasculogenesis Utilizing an mRNA Specific Probe"; advisor, **Edward Carlson, Ph.D.**, professor and chairman of anatomy and cell biology, Grand Forks

MASTER OF SCIENCE (M.S.)

Terry Dunkel, Aberdeen, SD (August 2000 graduate), Clinical Laboratory Science
Kae Essler, Minot (August 2000 graduate), Clinical Laboratory Science
Nassar Hammami, Syria, Clinical Laboratory Science
Lynn Peterson, Eagan, MN (August 2000 graduate), Clinical Laboratory Science
Eugene Wold, Bismarck, Physiology

BACHELOR OF SCIENCE IN CLINICAL LABORATORY SCIENCE

Jody Taylor, Tahlequah, Okla.
Darcy Thesing, Carlos, Minn.

BACHELOR OF SCIENCE IN OCCUPATIONAL THERAPY

Tracy Anderst, Bismarck; **Brad Archibald**, Oakley, Idaho; **LaDonna Bannach**, Grand Forks; **Jennifer Beck**, Thompson; **Brenton Benjaminson**, Cavalier; **Jacky Berg**, Hawley, Minn.; **Jenifer Besch**, Algona, Iowa; **Angela Brown**, Elk River, Minn.; **Teri Charlton**, Napoleon; **Wyatt Cloward**, American Fork, Utah; **Jim Crittenden**, Rexburg, Idaho; **Sarah Wilson**, Grand Forks; **Alysia Fadden**, Dickinson; **Crystal Fjeldheim**, Aberdeen, S.D.; **Julie Glade**,

Alexandria, Minn.; **Heather Hansen**, Tracy, Minn.; **Jonathan Harrison**, Renton, Wash.; **Boone Hodges**, Aurora, Colo.; **Eva Howse**, Great Falls, Mont.; **Lisa Jensen**, Sioux Falls, S.D.; **Maureen Johnson**, Crosby; **Tonya Knuesel**, Woodbury, Minn.; **Darcy Leuthold**, Magnolia, Minn.; **Aaron Lowry**, Idaho Falls, Idaho; **Kristal Marson**, Fargo; **Melonie Miller**, Flasher; **Sarah Nett**, Thompson; **Sarah Neilsen**, Crosby; **Erika Nord**, Grand Forks; **Emily**

Pfalzgraff, Delta, Colo.; **Robin Rokeh**, Balaton, Minn.; **Victor Rositas**, East Grand Forks, Minn.; **Kim Schneider**, Burley, Idaho; **Allison Schonauer**, Hampden; **Amy Schuster**, Sioux Falls, S.D.; **Carol Sparti**, Heber, Utah; **Heather Stein**, Bismarck; **Deborah Tollefson**, Edinburg; **Aaron Trenkle**, Blackfoot, Idaho; **Angela Wiertzema**, Canton, S.D.; **Gary Willis**, Rio Linda, Calif.; **Michael Wilson**, Blackfoot, Idaho; **Brandon Yancey**, Blackfoot, Idaho



Exploring Medical and Allied Health Fields

Tom Arnold, M.D. '84, (center) of Dickinson, talks with Medical Explorer students he brought from Dickinson recently to tour the UND School of Medicine and Health Sciences in Grand Forks. As part of their visit, the dozen or so students viewed samples of blood cells with various abnormalities in the lab pictured above. Arnold, the group's advisor, says the Medical Explorers club offers students, from age 14 to 20, the opportunity to learn more about medical and allied health professions. An obstetrician-gynecologist, Arnold joined the 13-physician, multi-specialty Medcenter One-Dickinson Clinic after completing residency training at the University of Wisconsin-Milwaukee program. He says working with the Medical Explorers is "very rewarding."

29th Graduating Class

Physician Assistant (PA) Program Class of '01 Announced

Seventy-seven graduates received certificates in ceremonies in January which marked the completion of an intensive year of training in the Physician Assistant (PA) Program of the University of North Dakota (UND) School of Medicine and Health Sciences.

The ceremony for the 29th graduating PA class featured guest speaker **Martha Adams**, Grand Forks, former PA program faculty member in the UND medical school's Department of Community Medicine and Rural Health.

The class includes 51 women and 26 men who range in age from 29 to 57, according to administrators of the program. Representing 29 states, the gradu-

ates are largely from rural communities where they have enlisted a physician to assist in their training and where they plan to practice.

PA students are registered nurses with at least four years of professional experience in nursing. They reside in their home communities during the training experience, coming only to the UND School of Medicine and Health Sciences in Grand Forks for one five-week and two four-week periods in addition to two weeks prior to graduation. Eight months of the training occur in the student's community under the supervision of the practicing physician who has agreed to serve as the primary teacher.

Physician assistants (PAs) are health care professionals who practice medicine with physicians' guidance and supervision. They assess the health status of individuals of all ages, obtaining a data base which includes a medical history, physical examination and appropriate diagnostic tests.

Program graduates also provide patient and community education to aid in promoting, maintaining and improving health status and preventing disease.

To date, 1264 students have completed the requirements of the PA program at the UND School of Medicine and Health Sciences. The program, accredited by the Commission on Accreditation of Allied Health Education Programs, is directed by **Mary Ann Laxen** associate professor of community medicine and rural health, Grand Forks. **James Brosseau, M.D. (B.S. Med. '68)**, chairman and associate professor of community medicine and rural health, Grand Forks, is medical director.

For more information on the PA program, call 701/777-2344 or send inquiries via e-mail to kallard@medicine.nodak.edu.

Members of the PA Program's Class of January 2001 are (precepting physicians are noted parenthetically):

Ann Baker, Sebring, Fla. (Donald Geldart, M.D., Avon Park, Fla.)

Don Beitzel, Grinnell, Iowa (Malcolm Findlater, M.D., Marengo, Iowa)

Judy Bellanger-Dahl, Mahanomen, Minn. (Viorel Gheorghe, M.D., Ada, Minn.)

Ramona Bolin, Dothan, Ala. (Stephen Chastain, M.D., Dothan, Ala.)

Marnie Boyer, Moses Lake, Wash. (Valerie Eckley, M.D., Ritzville, Wash.)

Trisha Brewer, Hamilton, Mont.

(Camille Leugers, M.D., Hamilton, Mont.)

Rosemarie Brumbaugh, Texarkana, Texas (Charles Vermont, M.D., Prescott, Ark.)

Janet Buehler, Westgate, Iowa (Lee Fagre, M.D., Waverly, Iowa)

Jane Case, Watertown, S.D. (Steven Feeney, M.D., Watertown, S.D.)

Connie Cato, Tampico, Ill. (Hasmukh Shah, M.D., Tampico, Ill.)

Joe Clark, O'Neill, Neb. (Barbara Gutshall, M.D., O'Neill, Neb.)

James Clarke, Payson, Ariz. (David Cluff, D.O., Payson, Ariz.)

Leslie Conner, Pocatello, Idaho (Kirt McKinlay, M.D., Blackfoot, Idaho)

Tim Cooper, Conrad, Iowa (Ron Terrill, M.D., Marshalltown, Iowa)

Paul Cummins, Schriever, La. (Evelyn Magsino-Bacuta, M.D., Houma, La.)

Lee Dockins, Lake Havasu City, Ariz. (Brian Sabowitz, M.D., Lake Havasu City, Ariz.)

Lori Ellison, Alpine, Texas (Clifton Pearce, M.D., Alpine, Texas)

Marleen Fairchild, Kingman, Kan. (Victoria Moots, D.O., Kingman, Kan.)

Cindy Faulkner, Elk Mountain, Wyo. (Diane Noton, M.D., Saratoga, Wyo.)

Gretchen Fawcett, Ipava, Ill. (John Arnold, M.D., Bushnell, Ill.)

Marianne Foldesi, Monticello, Minn. (Kris Eskuchen, M.D., Monticello, Minn.)

Vernon Foret, Raceland, La. (Theryll Johnson, M.D., Houma, La.)

Diane Frith, Ponchatoula, La. (Charles Genovese, Jr., M.D., Independence, La.)

Jon Gambill, Roseburg, Ore. (Gregory Falk, D.O., Canyonville, Ore.)

(continued, page 13)

Calendar

(continued from page 2)

ing Education, PO Box 9021, Grand Forks, ND 58202-9021, 701-777-4260, or www.conted.und.edu/ruralhealth

March 10

Orthopaedic Trauma Care for Primary Care Providers, UND School of Medicine and Health Sciences, United Hospital Lecture Hall; for more information, call William Mann, M.D., Department of Family Medicine, 701-777-3200

April 10

Faculty Lecture Series: Dr. James Mitchell, professor and chairman of neuroscience, Fargo, presents "Research on the Treatment of Bulimia Nervosa," 4:30 p.m., North Dakota Museum of Art, UND campus, Grand Forks (reception: 4 p.m.); for more information, 701/777-4195

April 19

Frank N. Low Research Day, UND School of Medicine and Health Sciences, 501 N. Columbia Road, Grand Forks; for more information, call 701/777-6221

April 20-21

Advanced Life Support in Obstetrics, Bismarck; for more information, call Jean Rebenitsch, UND School of Medicine and Health Sciences, Department of Family Medicine, 701-772-1730

ALUMNI

'Roaming for ROME'

Peds Chairman Recalls Challenging (But Not Too Surprising) ND Journey

Clinical chairs at the University of North Dakota School of Medicine and Health Sciences have (take) the obligation of "Roaming with ROME." ROME (Rural Opportunities in Medical Education), part of the new clinical curriculum at the medical school, places third-year clinical clerks in rural sites (Hettinger, Williston, Devils Lake, Jamestown) to inure them to family medicine in a rural community setting.

The role of the clinical chairs (internal medicine, family medicine, pediatrics, surgery, psychiatry) is of course to make personal contact with these third-year students, peruse their write-ups and, in pediatrics, listen to and critique their case presentations, and review their pediatric study materials with the overall idea of melding clinical aspects of pediatrics, internal medicine and family medicine into ROME. The clinical chairs need to do on-the-spot faculty development with local preceptors too.

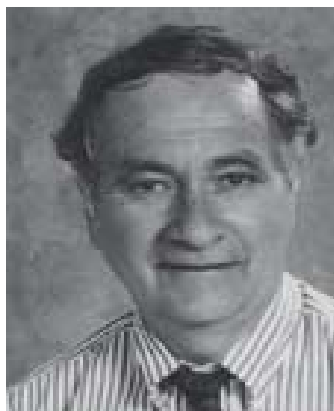
Hence, one has to "hit the road" to go "Roaming for ROME," even though in November WEATHER sometimes (usually) arrives on the scene. (Perhaps alumni of UND School of Medicine who now live in warmer climates will now project some visciditudes of WEATHER.)

So off I went, on an unseasonably warm rainy day, October 30, to the first ROME stop, at Devils Lake. Three third-year students at Mercy Hospital were pleasingly very much "up to speed" with their write-ups and presentations. Their preceptor and director of the ROME program, **Russ Petty, M.D. (B.S. Med. '72)**, of Devils Lake, was most cordial. The weather was so nice I walked back from the hospital on the side streets of Devils Lake two miles to the hotel. On the way I got lost a bit, ending up walking by a hulking, dark grain elevator near the railroad tracks. The "too nice" weather and the threatening appearance of the grain elevator made me immediately think of a long ago Minneapolis Tribune cartoon, which illustrated "Old Man Winter" living all year long behind an elevator at Devils Lake, North Dakota!

The next morning it was foggy and wet. I was driving an old four-wheel-drive Dodge Dakota 1991 pickup with 130,000 miles and a shotgun in back (I didn't think the dean of the medical school would mind if I tried to squeeze in a half-day of pheasant hunting out west, while "Roaming for ROME"). Crawling up the big hill west of Minot, heading to Williston in a heavy fog, was a bit like entering a nether world.

But things were in fine shape in Williston, too, as described by **Mark Olson, M.D., (M.D. '91)**, one of the fine preceptors; **Lois Cook, M.D.**, Williston's pediatrician, and **D. J. Hatlestad**, the medical student. (D.J. even told me a spot where I could get a pheasant rooster or two.) Ah, but that evening came the "Blizzard warning, Blizzard warning" on television - coming up from the south - for all of western North Dakota, especially, and maybe the central part of the state and eastern Montana, too.

So, girding for battle with the elements I headed out early the next morning from Williston for the next stop on my week ROME sojourn, ostensibly bound for Hettinger's ROME site.



George Johnson, M.D. (B.S. Med. '58), chairman and professor of pediatrics, Fargo, has dedicated his professional life to medical education and the welfare of children. Here, he describes the particularly North Dakota experience of traveling to supervise medical students in the far-flung ROME (Rural Opportunities in Medical Education) sites.

A driving rain and high winds made it difficult to load up the truck. By the time I got to Watford City (and one of my favorite small town cafes, the "Buckboard" on Main Street) I was feeling queasy about ominous dark skies to the southwest. The Buckboard was strangely almost empty by 10 a.m. When I asked the waitress "why" she matter-of-factly said, North Dakota fashion, "haven't you been listening to weather reports?"

By the time I got to little Grassy Butte all the round hay bales were pasted on the north side with thick sticky snow. When I got to the junction of highways 200 and 85 I decided to skitter east to Killdeer and North Dakota Highway 22, which courses due north from Dickinson. Besides, there was some midday light in the east compared to the deep purple-blue color in the southwest. I didn't know it at the time but by going EAST I avoided the first of the day's traps, a blocked Interstate 94 (blizzard) at Belfield. No pheasant hunting today. Serves me right for thinking I might sneak in a bit of shooting.

It was clear sailing south of Killdeer. I dallied a bit at the courthouse in Manning, county seat of Dunn County, looking, perchance, for my oil well-sitting cousin, a consulting geologist. Fortunately I wasted just enough time to miss another near disaster which was percolating down the road in Bismarck (more about that later).

A few miles farther Dickinson loomed. Clear of snow, no blizzard yet but by 4 p.m. it was darker still in the southwest. The third-year medical students at Hettinger, on the phone from Dickinson, said, "You'll make it Dr. J. — no blizzard yet." But a voice inside, based on years of North Dakota winter driving, said "don't go." Six to ten inches with howling winds were predicted for the southwest of the state that night.

So I headed east on I-94 for Bismarck, knowing I would get back to Hettinger and the ROME students in December or January. I also knew I had more than a day's work with me if I

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holed up in a Bismarck hotel before going on to the last ROME site on the state circuit, Jamestown.

It later turned out – the next day – the Hettinger medical contingent was called to the Bowman Hospital to provide care for the slightly injured and critically injured when a tour bus loaded with elderly Canadian tourists was blown off Highway 85 south of Bowman during a raging, slushy snowstorm.

Finally, with much relief, about 6 p.m. that afternoon, I came over the hill into Mandan. But there were sirens wailing and lights flashing all over the place. Just a hour or so before I got to Bismarck-Mandan the city had experienced its first tornado ever, two large funnels on the north side of both cities partially wrecking 42 houses.

So much for Roaming with ROME, Year 2000 style. How many times, in a day does one avoid 1) a huge snow buildup in Williston, 2) getting stalled on a blizzard closed Interstate at Belfield, 3) being snow and slushed in at Hettinger and 4) missing – barely – a unique tornado in Bismarck-Mandan.

Such is the life for clinical chairs at the University of North Dakota School of Medicine and Health Sciences. The next “Roaming for ROME” should merit “hazardous duty pay?”

George M. Johnson, M.D. (B.S. Med. '58)

In Memoriam

Ralph Tarnasky, M.D. (B.S. Med. '50), retired clinical associate professor of pathology, Bismarck, died Nov. 4 at age 76.

A native of Lehr, ND, he served during World War II as a German language interpreter in France. After the war, he earned a bachelor's degree at North Dakota State University and, later, the B.S. Med. degree at the UND School of Medicine. He completed the doctor of medicine degree at Wake Forest University in North Carolina where he also took residency training in pathology at Bowman Gray School of Medicine.

In 1963, he joined St. Alexius Hospital in Bismarck.

After retirement in 1986, he served as medical laboratory director in the North Dakota State Department of Health.

He is survived by his wife, Phyllis; sons Samuel and Ralph, and daughter Connie and their families.

Larry Otterness, M.D. (B.S. Med. '55), of Sacramento, CA, passed away Oct. 1 as a result of complications of myelofibrosis, a form of leukemia he had battled for 16 years. He was 70.

Born in Minot to Ben and Lucille Otterness, he attending high school there and went on to complete an undergraduate degree and a master's degree in entomology at UND. After earning the B.S. Med. degree at the UND School of Medicine in 1955, he enrolled at the University of Utah where he completed the doctor of medicine (M.D.) in 1958.

He was serving in the U.S. Air Force in Hawaii when he became interested in psychiatry. After military service he took residency training in psychiatry at the Langley Porter Neuropsychiatric Institute at the University of California, San Francisco. He was a senior psychiatry resident at DeWitte State

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Hospital in Auburn, CA.

He later served as chief of staff at Sutter Hospital's Department of Psychiatry and was affiliated with other hospitals in the area. He was an assistant clinical professor of psychiatry at the UC-Davis School of Medicine for 18 years.

Considered a pioneer in the treatment of fellow physicians, he founded an intervention program to help doctors suffering from emotional and mental health problems. The program, called Sutter Hospital's Physicians' Well Being Committee, became the prototype for similar programs throughout California.

The Sacramento-El Dorado Medical Society honored him in 1997 for his devotion and assistance to physicians.

He is survived by his wife, Nancy, and sons, Larry of Healdsburg, CA, and James of Carmichael, CA.



Jerry Hordinsky, M.D. (B.S. Med. '65), Oklahoma City, OK, passed away Oct. 20. He was 58.

Born in the Ukraine, he immigrated with his family to the United States in 1947, later settling in Drake, ND, where his father, Dr. Bohdan Hordinsky, practiced for many years. Jerry became a U.S. citizen in 1954.

After earning the B.S. Med. degree from the UND School of Medicine in 1965, he went on to earn the M.D. degree from Northwestern University in Chicago. He received training at Northwestern University, Cook County Hospital in Chicago; Harvard College of Public Health, and the University of Oklahoma College of Public Health.

He became certified in occupational and aerospace medicine. His career included professional service as an Army flight surgeon, a NASA flight surgeon and a FAA clinical and research medical officer.

With NASA, he served as chief flight surgeon for the longest Skylab mission and as deputy flight surgeon for the European Space Agency's efforts with Spacelab One. His final career appointment was as manager of the Aeromedical Research Division of the FAA Civil Aeromedical Institute in Oklahoma City. He was involved in research, teaching and administration.

In 1997, for the UND School of Medicine and Health Sciences, Dr. Hordinsky established the Bohdan Z. Hordinsky, M.D., Memorial Medical Scholarship Endowment, which provides scholarships to medical students who exhibit excellent scholarly achievement, high moral character, need, and the potential for a fulfilling medical career.

He was co-founder and board member of Oklahoma Friends of the Ukraine, a non-profit group which facilitated economic and academic interactions between Oklahoma and the Ukraine.

He is survived by his wife, Martha, and three daughters, all of Dallas; mother and brother, of Drake, and sister, **Maria Hordinsky Kramarczuk, M.D. '76**, of Minneapolis.

Opportunities

Here is information for physicians and other health professionals interested in opportunities in North Dakota; vacancies and contact persons are noted. The information is provided by the Office of Primary Care of the University of North Dakota School of Medicine and Health Sciences, Department of Community Medicine and Rural Health. If you have questions about these opportunities, or loan repayment programs, please contact **Mary Amundson**, tollfree at 1-888-279-2125 or e-mail mamundsn@medicine.nodak.edu.

ASHLEY

Ashley Medical Center

Kathy Hoeft, Administrator
701-288-3433
khoeft@primecare.org
Occupational therapy

BISMARCK

Medcenter One, Inc.

Sue Jacobson, Physician Recruitment
701-323-8745
Adult/pediatric allergist; cardiology; gastroenterology; internal medicine; neonatology; neurology; neurosurgeon; orthopedic surgeon; pediatrician; psychiatrist; psychologist

BOTTINEAU

St. Andrew's Health Center

Keith Korman, President
701-228-2255
sahc@ndak.net
Family practice

CAVALIER

Pembina County Memorial Hospital

Les Wietstock, Administrator
701-265-6281
les.wietstock@bannerhealth.com
General surgeon, registered nurses

CROSBY

St. Luke's Hospital, or Crosby Clinic

Les Urvand, Administrator
Keith Baker
701-965-6384, 701-965-6349
Family practice with surgery

DICKINSON

Dickinson Clinic

Rodney Mitzel, Administrator
701-225-5182
Family practice, internal medicine

DICKINSON, continued

Great Plains Clinic

Jim LeBrun, Administrator
701-483-6017
gpcdocs@goesp.com
Family practice, internal medicine, obstetrics

St. Joseph's Hospital

Greg Hanson, President/CEO
701-264-4390
grehanson@chi-midwest.org
Family practice, general surgeon, obstetrics, ophthalmology, ENT, urology

Dickinson Clinic (Medcenter One, Inc.)

Sue Jacobson, Physician Recruitment
701-323-8745
Internal medicine

ELGIN

Medcenter One/Elgin Clinic

Sue Jacobson, Physician Recruitment
701-323-8745
Family practice

GRAND FORKS

Altru Health Institute

Jean Keller, Recruitment
701-780-6596
Internal medicine, pediatrician, obstetrics

HARVEY

St. Aloisius Medical Center

Ronald Volk, Administrator
701-324-4651
rvolk@stalouisius.com
Registered nurses, clinical laboratory scientists

HILLSBORO

Hillsboro Medical Center

Bruce Bowersox, Administrator
701-436-4501
Registered nurse positions

JAMESTOWN

Dakota Clinic/Fargo Satellite

Tim Gullingsrud, Division Manager
701-252-0120
tgullingsrud@dakel.com
General surgeon, orthopedic surgeon

Medcenter One, Inc.

Sue Jacobson, Physician Recruitment
701-323-8745
Surgeon

KENMARE

Kenmare Community Hospital

701-385-4296
jferguson@cini.net
Family practice, registered nurse, licensed practical nurse, certified nursing assistants

LANGDON

Cavalier County Memorial Hospital

Robert Jenkins, Administrator
701-256-6100
ccmh@utma.com
Family practice, nurse practitioner or physician assistant, registered nurse

LISBON

Lisbon Medical Center

701-683-5241
Family practice

MINOT

UniMed Medical Center

Jim Fuller, Recruitment
701-875-7019
jfuller@cini.net
Internal medicine, obstetrics

(continued, next page)

Physician Assistant (PA) Program Class of '01 Announced

(continued from page 9)

Bonnie Gawel, Hillman, Mich. (Dana Panknin, M.D., Alpena, Mich.)
Rick Gilmore, Springfield, Mo. (Kerry Randolph, M.D., Springfield, Mo.)
Cindy Glassick, Roanoke, Va. (James Thompson, M.D., Rocky Mount, Va.)
Lorraine Grube, Sedalia, Colo. (Marisa Moritz, M.D., Kiowa, Colo.)
Dianna Guenther, Wailuku, Hawaii (Diane Nagasaka, M.D., Wailuku, Hawaii)
Andrew Hansen, Moses Lake, Wash. (David Earl, M.D., Moses Lake, Wash.)
John Hasenauer, Jefferson, Ga. (Gary Kinsey, M.D., Maysville, Ga.)
Sherry Heck, Centrahoma, Okla. (Jerald Gilbert, M.D., Ada, Okla.)
Gwendolyn Hendrix, Stigler, Okla. (Thomas Bonin, M.D., Talihina, Okla.)
Debbie Hernandez, Lubbock, Texas (Kitten Linton, M.D., Hale Center, Texas)
Michael Heyer, Albany, Ga. (Anita Bell, M.D., Albany, Ga.)
Kathryn Hurvitz, Sarasota, Fla. (Martha Sheils, D.O., Parrish, Fla.)
Janice Johnson, Knoxville, Tenn. (James Morse, M.D., Knoxville, Tenn.)

Bernice Kane, Deer River, Minn. (David Goodall, M.D., Deer River, Minn.)
Sam Kersey, LaJunta, Colo. (Lee Schmucker, M.D., LaJunta, Colo.)
Debbie Kester, Karnak, Ill. (Benito Bajuyo, M.D., Metropolis, Ill.)
Jim King, Omaha, Ark. (William Zeller, M.D., Branson, Mo.)
Maureen Kosiak, Wishek, N.D. (Donald Kosiak, M.D., Wishek, N.D.)
Tracy Kurek, Telluride, Colo. (Kent Gaylord, M.D., Telluride, Colo.)
Laureen Larson, Aberdeen, S.D. (Harvey Hart, M.D., Aberdeen, S.D.)
Keith Lovell, St. Joseph, Mich. (William Johnson, M.D., Three Rivers, Mich.)
Bill Mahneke, Port Saint Lucie, Fla. (Rebecca Prostko, M.D., Palm City, Fla.)
Karen McFarland, Gwinner, N.D. (Vani Nagala, M.D., Oakes, N.D.)
John Moore, Palmer, Alaska (Lisa Cooney, M.D., Wasilla, Alaska)
Lynn Morrow, Santa Fe, N.M. (Gary Giblin, M.D., Santa Fe, N.M.)
Joe Moss, Bullard, Texas (James Morris, M.D., Rusk, Texas)
Chuck Musgrave, Roseburg, Ore. (Charles

Hundley, M.D., Roseburg, Ore.)
Wanda Ottinger, Newaygo, Mich. (Neil Goodman, D.O., Grant, Mich.)
Colleen Patton, Ft. Rucker, Ala. (Stephen Bernstein, M.D., Ft. Rucker, Ala.)
Greta Peck, Williamsburg, Mich. (James Lawrence, M.D., Elk Rapids, Mich.)
Kim Prough, Whitesboro, Texas (John Galewaler, D.O., Whitesboro, Texas)
Lydia Ramos, Canutillo, Texas (Jose Luna, Jr., M.D., El Paso, Texas)
Dale Rasmussen, Stevens Point, Wis. (Peter Sanderson, M.D., Plover, Wis.)
Kim Redman, Waynesville, Mo. (Timothy Spears, D.O., Yates Center, Kan.)
John Redman, Ludington, Mich. (Paul Wagner, D.O., Hart, Mich.)
Mike Rice, Moore Haven, Fla. (John Geake, D.O., Clewiston, Fla.)
Sharon Sierzputowski, Lake Anne, Mich. (Benjamin Scarff, M.D., Petoskey, Mich.)
Elaine Smith, Lancaster, Wisc. (Robert Smith, M.D., Lancaster, Wisc.)
Sandy Soulek, Viborg, S.D. (Syed Shah, M.D., Viborg, S.D.)
Meshia Starnes, Harrisburg, Ill. (Elliott Partridge, M.D., Eldorado, Ill.)
Stephen Stocking, Leesburg, Ga. (Thomas Ungarino, M.D., Albany, Ga.)
Becky Streit, Springfield, Iowa (Sherry Tighe, M.D., Monticello, Iowa)
Leonard Summers, Douglas, Wyo. (Robert Chandler, M.D., Douglas, Wyo.)
Deborah Sybrant, Corvallis, Mont. (Gary Smith, M.D., Hamilton, Mont.)
Karyn Thornton, Dodgeville, Wisc. (Gary Grunow, M.D., Dodgeville, Wisc.)
Stace Toye, Ozark, Mo. (Mark Elder, M.D., Springfield, Mo.)
Angela Tucker, Atlanta, Texas (James Early, M.D., Linden, Texas)
Lynn Umentum, Oconto Falls, Wisc. (Genadi Maltinski, M.D., Gillett, Wisc.)
Tanja Wardell, Lovell, Wyo. (**Joel Pull, M.D., '93**, Basin, Wyo.)
Lisa Wells, Ankeny, Iowa (James Billings, D.O., St. Charles, Iowa)
Susie Whittinghill, Bozeman, Mont. (Joseph Sofianek, M.D., Bozeman, Mont.)
Bill Willett, Stuart, Fla. (John Crouch, D.O., Okeechobee, Fla.)
Julie Woodall, Spirit Lake, Iowa (Daniel Richter, M.D., Spencer, Iowa)

Opportunities

(continued)

OAKES

Southeast Medical Center
Theresa Kelly, Administrator
701-742-3267
Internal medicine

RICHARDTON

Richardton Health Center
Carol Sigl, Acting Administrator
701-974-3304
Registered nurse

ROLLA

Rolla Clinic
June Banse, Administrator
701-477-3111
rclinic@utma.com
Family practice

VALLEY CITY

Valley City/Merit Care Clinic
Fargo Satellite
Linda Kvien, Manager
701-845-6000
lindalane@meritcare.com
General surgery, licensed practical nurse (LaMoure site)

WATFORD CITY

Medcenter One/Watford City
Sue Jacobson, Recruitment
701-323-6000
Family practice

WISHEK

Wishek Community Hospital
C. Gary Kopp, Administrator
701-452-2326
Family practice, registered nurse

Plan now to attend!

Dakota Conference on Rural and Public Health

It All Adds Up To Access: Strengthening the Safety Net in North Dakota

February 27-28, March 1, 2001 * Bismarck, North Dakota * Radisson Inn

This conference brings together people who share a common concern about the quality and delivery of rural and public health care in North Dakota and the region. It attracts professionals from various walks of life: health care, human services, government, academia, and the consumer public. An interdisciplinary forum, it is intended for administrators, board members, managers, staff, physicians, nurses, physician assistants, nurse practitioners, social workers, allied health, researchers, educators, students, government officials, as well as others interested in improving health services in the state and region. The conference promotes communication and the exchange of ideas and information important to private and public providers in rural and urban areas. In addition to speakers' presentations, poster sessions and exhibits are scheduled to augment a conference that provides the most up-to-date information on health issues. This year's theme concerns the safety net and a societal goal of providing protection and access to quality, essential services for vulnerable populations. Essential rural safety net providers include hospitals, primary care clinics, public health units, nursing homes, aging services, home health agencies, EMS units, and other provider arrangements.

KEYNOTE SPEAKERS

Donna Cohen Ross, director of outreach, Center on Budget Priorities, Washington D.C. Her address will concentrate on the State Children's Health Insurance Program.

Charlotte Hardt, president, National Rural Health Association and executive director, Area Health Education Center, Washington State University, Spokane, WA. Her keynote will concentrate on the state of the rural health safety net.

Terry Dwelle, MD, North Dakota Chief Medical Officer, Bismarck, ND. His address will cover community-based health care.

Mary Lou Henrich, chief executive officer, Institute of Medicine, CareOregon, Portland, OR. Her keynote will be a commentary on the U.S. safety net.

PRE-CONFERENCE WORKSHOPS, "INTENSIVE" SESSIONS AND COMMUNITY FORUM

Pre-Conference Workshops: Two pre-conference workshops will be held Tuesday, February 27, 2001, from 8:30-11:30 a.m. One session will be on board education for hospitals and nursing homes while the second session will be for Critical Access Hospitals.

Intensive Sessions: "Intensive" sessions are longer concurrent sessions running approximately one hour and 20 minutes. They offer the participant a more in-depth study of the subject. Three "Intensives" are scheduled this year. One will cover a comparison between Federally Qualified Health Centers and federally certified Rural Health Clinics. A second will address Native American health care payment systems. The third is set to discuss biological terrorism preparedness.

Community Forum: A special session will be offered Tuesday (February 27), from 5:30-9:30 p.m., and is titled The Diabetes Crash Course 2: Living Well With Diabetes.

PROGRAM TOPICS

Recruitment and Retention of Rural Primary Care Providers; Community Partners; Addressing the Burden of Arthritis; Wells County Cancer Survey; Rural Health Clinics; Rapid Cycle Improvement; Access to Dental Health in North Dakota; Food Safety: A Federal State and Local Perspective; First Sound: North Dakota's Universal Newborn Hearing Screening Program; Native American Elders on the Plains: A Profile of Needs; Case Studies in Cardiovascular Disease and Diabetes; What North Dakotans Think: Rural Community Health Needs; Project CRISTAL: Experiences in Training Health Students on a North Dakota Indian Reservation; Borderline Diabetes Team; Rising Health Care Costs: Impact and Solutions; Childhood Motor Vehicle Occupant Protection; Rural Home Health Care: A Safety Net Response; The Good Neighbor Project; It's Not Just Your Cholesterol that Needs Screening: Tools for Mental Health Screening; Saving Lives and Reducing Health Care Costs: Three Approaches to Treating Tobacco Dependence; Strategies for Creating Access: The Illinois Rural Health Initiative; Emergency Medical Services: An Important Component of Rural North Dakota's Health Care Safety Net; Holistic Dimensions: Four Directions for Finding Your Way; HIV/Hepatitis C Update.

SPECIAL EVENTS

Dakota Conference will once again offer participants a **Foundation Resource Center** as part of the UND Center for Rural Health display booth in the Exhibit Hall. The Foundation Resource Center offers funding information from a multitude of private foundations and federal agencies. In addition, Center staff members are available to answer questions and offer advice. Appointments can be made to review and critique your grant proposals. The **Exhibit Hall** will

offer displays, information and material from various vendors, organizations and associations. This area will once again feature **poster presentations** which are displays of contemporary rural health research and health program information. Once again, the Dakota Conference will offer special early morning discussion tables, called **Hot Tea and Hot Topics**. People will have a chance to identify topics ahead of time while at the conference, those ideas will be placed on a display board, and people can decide which groups to participate in to share perspectives and ideas with their colleagues. **North Dakota's Congressional Delegation** will offer national health policy information in a **Congressional Update** on Wednesday, February 28, 2001. A **North Dakota Update** will provide similar health policy information. State legislators and Governor John Hoeven are invited to participate. On Wednesday evening, the Dakota Conference on Rural and Public Health will present the **Awards Banquet**.

SPONSORS

Altru Health System, (Grand Forks, ND); North Dakota Academy of Physician Assistants; North Dakota Community Healthcare Association; North Dakota Public Health Association; University of North Dakota College of Nursing; University of North Dakota School of Medicine and Health Sciences' Center for Rural Health, AIDS Education and Training Center, Department of Family Medicine, and Department of Community Medicine and Rural Health. The conference is coordinated by the University of North Dakota Division of Continuing Education.

CONTINUING EDUCATION HOURS

Continuing education hours will be available. Applications have been submitted to: ACPE, MN & NDSBE for nursing home administration, NDBSWE, NDNA, NDDA and the UND Division of Continuing Education.

REGISTRATION

Early registration is \$120. This fee will increase to \$150 after February 13, 2001. Registration includes all educational sessions (including the three Intensive sessions, four keynote presentations, and the special Congressional Update and North Dakota Update legislative sessions) handouts, continuing education hours, admission to exhibits/poster sessions/foundation resource center, refreshments, opening reception and Wednesday evening Awards Banquet.

If more than two people register (for the full conference) from your facility, the third person and others will receive a special discount rate of \$95. Should you want to take advantage of this rate, please make sure all registrations are sent at the same time. One-day rates are also available: Tuesday only, \$50; Wednesday only \$80, and Thursday only, \$50. A special rate of \$25 is also available for full-time students which does not include a banquet ticket; these tickets can be purchased for \$15. Please call Brenda Keller (below) for more details. Payment for registration should be made in advance using a check, major credit card or company purchase order. Register on-line at www.conted.und.edu/ruralhealth

LODGING

A block of sleeping rooms has been reserved at the Bismarck Radisson Inn. Call (701) 258-7700 to make reservations from the Dakota Conference Rural and Public Health room block.

FOR MORE INFORMATION: Allison Knight, Program Coordinator, or Brenda Keller, Program Assistant, UND Office of Conference Services, (701) 777-2663 or 1-800-342-8230, Fax (701) 777-6401, e-mail brenda_keller@mail.und.nodak.edu

The Ultimate Gift

Giving through Your Will for the Benefit of the UND School of Medicine and Health Sciences

With careful planning, making an ultimate charitable gift and providing for loved ones can go hand-in-hand.

The Will is one of the most popular methods for making long-range gifts due to its flexibility and security. These arrangements are made by people of all means and all walks of life with the common desire to strengthen the **University of North Dakota School of Medicine and Health Sciences**.

A number of factors should be considered when making a charitable bequest through a Will, including assets, family considerations and number of charitable interests. Considering the “Four P’s” is a good way to start:

Persons -

Who are the people and charitable interests for whom you would like to provide?

Property -

List all of your property, in whatever form, along with its costs, today’s value, and the way it is owned.

Plans -

Consider how you would like to “match” your property with the persons in your life.

Planners -

List all professional advisors who would assist you in making your plans a reality.

Some common ways to make a charitable bequest through a Will include:

- Giving a specific amount
- Giving a specific property
- Giving a percentage of assets
- Giving all or part of “what’s left” after providing for loved ones

Keeping these arrangements up to date is also important. Regular reviews about every three years or as life circumstances change is necessary.

For more information, please contact **Dave Miedema**, UND Foundation, 1-800-543-8764, or dave@undalumni.org for a personal and confidential discussion. To discuss special uses for your gift, please call **H. David Wilson, M.D.**, dean of the UND School of Medicine and Health Sciences, at 701-777-2516.



Dave Miedema
Planned Giving Director
UND Foundation



H. David Wilson, M.D.
Dean, UND School of Medicine
and Health Sciences

Please contact me to discuss how a charitable bequest can benefit the University of North Dakota School of Medicine and Health Sciences.

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